# 10 Best Face Masks for Teachers on Amazon

Amy Schlinger 10/1/2020



## Back-to-school safety during coronavirus

Teachers across the nation are heading back to school to the classroom along with their students to start in-person teaching again. With the novel coronavirus still in full force, the possibility of a second coronavirus wave, and with cold and flu season looming, it's critical that teachers have good protection that will allow them to be comfortable when they stand in class, teach, talk, and try to keep students focused and socially distant throughout the day. So what is the best face mask for teachers to stay safe from coronavirus? Plus, find out the worst face masks for COVID-19 protection.

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### Choosing the best face mask for teachers

"Teachers are best using KN95 or Medical N95 masks," says Robert E. Marx, DDS, who treats temporomandibular joint disorders and is the chief of oral and maxillofacial surgery at the University of Miami School of Medicine. "KN95 masks are more comfortable for a long day in the classroom. But both will protect the wearer and surrounding students and administrators."

But KN95 and N95 masks aren't the only doctor recommended options. Padma Yarlagadda, MD, internist who treats disorders of the kidney, disorders of high blood pressure, and other complications of kidney failure at Regional Medical Center, San Jose, California, suggests a tightly-woven, cotton mask option, that has a filter. "You can use a polypropylene filter that can be purchased at stores such as Walmart," says Dr. Yarlagadda. "If you cannot get a polypropylene filter, you can try using two sheets of facial tissues or get a tightly woven cotton face mask with three to four layers." Other face mask filters include carbon or activated charcoal, or high-efficiency particulate air (HEPA) filters.

Of course, it's still important that the mask is worn correctly: Marx advises making sure that the mask covers the nose and adapts to the skin of the cheek. "The fit and constancy of wearing the mask throughout the day are most important," says Marx. These are the <u>mistakes you're probably making with face masks</u>.



### Cleaning, sanitizing, and reusing your face mask

It's also important that teachers disinfect face masks to keep germs at bay. "The best method is to use a new mask daily to protect the vulnerability of our teachers and our kids and, other adults who come in contact with us," says Marx. This helps protect against body fluids, like sneezing or coughing, from making contact with the nose and the mouth. So buying reliable masks in bulk is a great option for when your face mask becomes wet or soiled. This is the difference between sanitize and disinfect.

If you choose to use a reusable face mask, washing it correctly is key to keeping it clean. "Masks should be washed daily with soap or detergent and hot water," says Dr. Yarlagadda. "It is important that the masks are dry before use, too. If you are using a polypropylene filter, try ironing it or rubbing it with a plastic glove for 20 seconds since washing it results in the loss of some electrostatic charge." Polypropylene filters work by using static electricity to trap respiratory droplets that are entering and leaving your face mask.

To ensure teachers—and students— safety in classrooms this year while COVID-19 is still a threat, we've rounded up some of the best face masks for teachers on Amazon. Here's <u>how to</u> disinfect your DIY face mask.



## 1. Covaflu FFP2/KN95 Disposable Cup Shaped Face Mask

\$35 for pack of 10

#### Shop now

Keep 95 percent of particles at bay when you wear this soft, flexible four-way stretch polypropylene mask. It easily fits over you're your nose and mouth, and securely tucks under your chin. This ten-pack allows you to dispose of your mask once used, and replace it with a new one. Here's how to dispose of face masks and gloves properly.



## 2. SupplyAID RRS-KN95 5-pack Protective Mask

\$17 for pack of five

#### Shop now

This five-pack of disposable masks fit securely over your nose and under your chin, and the elastic ear bands help to hold it in place. Once you have the mask on, push down on the bridge of your nose to adjust the nose piece for a secure and personalized fit. Run out of your supply? Here are COVID-19 <u>DIY face mask</u> instructions.



## 3. CC Reusable Washable Tie-Dye Face Mask

\$12

#### Shop now

Jazz up your professional attire with this on-trend tie-dye face mask. "I suggest getting a 100 percent cotton, tightly woven face mask," says Dr. Yarlagadda. After each use, be sure to wash and disinfect it. Check out other trendy and <u>stylish face masks</u> for work.



## 4. Dolce Calma Powecom KN95 Reusable Disposable Face Mask

\$26 for pack of 10

#### Shop now

This multi-layered mask protects against droplets and particles thanks to the full coverage (over the nose and mouth), chin tuck design, and adjustable nose bridge. "The mask wearer should be sure that it covers the nose and adapts to the skin of the cheek," says Marx. You'll get ten in a pack, and dirty masks should be disposed of after use. Find out some things you likely won't see in schools anymore.



## 5. A-Dudu Fashion Cloth Fabric Face Protection

\$36 for pack of 6

#### Shop now

This multi-colored six-pack supplies you with enough masks for each school day—plus one extra in case you need it. The cotton material is soft on skin, and the fabric ear loops won't hurt after hours of wear. "A mask that cups tight to the face is ideal," explains Dr. Yarlagadda. Find out some etiquette rules you must follow when wearing a face mask.



## 6. Secutoryang Store TWUVS ADPR Teach Love Inspire Face Mask

\$19

#### Shop now

When you're finding it tough to get dressed and head into school with everything going on in the world, the words on this mask will remind you why you do it—"teach, love, inspire." Dr. Yarlagadda suggests wearing a mask with built-in pockets for a filter, and this mask comes with two filters. Bonus: The adjustable ear loops, making it more comfortable for everyday wear. These are the <u>public places doctors avoid</u> during coronavirus.



## 7. Vipsung: I Teach Tiny Humans Reusable Mask

\$15

#### Shop now

Do you teach tiny humans? Wear this reusable <u>humorous face mask</u> loud and proud. It's made out of sheen, silky fabric, and sits comfortably against the face. Adjust the ear straps to fit your head, and be sure that they don't chafe so you can wear the mask all day.



## 8. Dr. Family KN95 Disposable Non-Medical Face Mask

\$15 for pack of five

#### Shop now

Protect yourself—and your students—with this KN95 mask that is included on the FDA Emergency Use Authorization List. This five-pack of disposable masks will provide a comfortable fit, ear loops that have a lot of stretch, and an adjustable nose wire. Here's <a href="https://www.why.none.com/why.none.com



## 9. Must Customized Face Mask

\$14

#### Shop now

The best way for your students to learn your name—wear it on your mask. Customize this breathable water-repellent barrier tool. The ear loops are adjustable, so you can easily change how tight they are throughout the day if need be. Find out the <u>times you do and don't need a mask</u>.



## 10. Edufun Outdoor Face Protection, Unisex with Valve and Filters

\$12 for pack of two

#### Shop now

Slip this cotton mask over your mouth and feel protected knowing that it has a filter, as well as ten refills. Adjust the ear loops to fit comfortably around your head, and press down on the bridge of your nose to create a next-to-skin fit using the metal nose clip. You'll get two masks, so that you always have one to wear while you're washing the other. Next, learn what one teacher who's back at school is most worried about.